

North Breeze Longline Haddock Item Codes

PRODUCT CODE	PRODUCT	SIZE	WEIGHT per UNIT	UNITS per CASE
3441	IQF Haddock Fillets (Skinless - J-Cut)	4 - 6 oz.	10 lbs.	1 x 10 lbs.
3442	IQF Haddock Fillets (Skinless - J-Cut)	6 - 8 oz.	10 lbs.	1 x 10 lbs.
3443	IQF Haddock Fillets (Skinless - J-Cut)	8 - 10 oz.	10 lbs.	1 x 10 lbs.
3444	IQF Haddock Fillets (Skinless - J-Cut)	10 - 12 oz.	10 lbs.	1 x 10 lbs.
3445	IQF Haddock Fillets (Skinless - J-Cut)	12 oz. + up	10 lbs.	1 x 10 lbs.
3341	IQF Haddock Fillets (Skinless - E/U Cut)	4 - 6 oz.	10 lbs.	1 x 10 lbs.
3342	IQF Haddock Fillets (Skinless - E/U Cut)	6 - 8 oz.	10 lbs.	1 x 10 lbs.
3343	IQF Haddock Fillets (Skinless - E/U Cut)	8 - 10 oz.	10 lbs.	1 x 10 lbs.
3344	IQF Haddock Fillets (Skinless - E/U Cut)	10 - 12 oz.	10 lbs.	1 x 10 lbs.
3345	IQF Haddock Fillets (Skinless - E/U Cut)	12 oz. + up	10 lbs.	1 x 10 lbs.
3451	IQF Haddock Fillets (Skin On - J-Cut)	4 - 6 oz.	10 lbs.	1 x 10 lbs.
3452	IQF Haddock Fillets (Skin On - J-Cut)	6 - 8 oz.	10 lbs.	1 x 10 lbs.
3453	IQF Haddock Fillets (Skin On - J-Cut)	8 - 10 oz.	10 lbs.	1 x 10 lbs.
3454	IQF Haddock Fillets (Skin On - J-Cut)	10 - 12 oz.	10 lbs.	1 x 10 lbs.
3455	IQF Haddock Fillets (Skin On - J-Cut)	12 oz. + up	10 lbs.	1 x 10 lbs.

North Breeze Longline Haddock Nutritional Facts

Nutrition Facts	
Cod, Atlantic ▼	
Amount Per 4 oz (113.3 g) ▼	
Calories 93	
	% Daily Value*
Total Fat 0.8 g	1%
Saturated fat 0.1 g	0%
Polyunsaturated fat 0.3 g	
Monounsaturated fat 0.1 g	
Cholesterol 49 mg	16%
Sodium 61 mg	2%
Potassium 468 mg	13%
Total Carbohydrate 0 g	0%
Dietary fiber 0 g	0%
Sugar 0 g	
Protein 20 g	40%
Vitamin A	0%
Vitamin C	2%
Calcium	1%
Iron	2%
Vitamin D	10%
Vitamin B-6	15%
Vitamin B-12	18%
Magnesium	9%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.